

Rivertown Surgery Center
822 Farrar Drive
Conway, SC 29526
(843) 347-9587

DISCHARGE INSTRUCTIONS

Diet:

- Regular Clear Liquids Soft/Bland Advance as Tolerated

****Do not drink alcoholic beverages for 24 hours.**

Activity:

- Do not drive/operate machinery or perform activities requiring mental alertness until the day following your procedure.
- Do not make critical decisions or sign legal documents today.
- Go directly home and rest until all dizziness or unsteadiness from sedation has resolved.

Medicine:

- You may take over-the-counter pain medications such as, Motrin, Aleve, Tylenol as needed.
- You have been given a prescription for pain medication, _____. Please follow the directions given with the prescription.
- Do not take aspirin or aspirin products.

Other Prescriptions: _____

Dressing:

- You may remove your dressing _____
- You may shower bathe the area _____
- Stitches/staples should be removed _____

Call the Doctor if you have:

- Elevated temperature over 100 degrees, fever
- Nausea and vomiting
- Excessive bleeding
- Unable to urinate by 6pm
- Pain not relieved by pain medication
- No bowel movement after 24 hours
- Any other unusual symptom

Follow-up Appointment with Dr. _____ is _____

Should problems or difficulties arise, call your physician at _____ or you may go to the nearest emergency center.

I hereby certify that I understand the above instructions:

Patient Representative

Nurse

Date / Time